



Grace and Peace,

We pray that you are managing well under the important shelter-in-place order from our health officials. By now, you will have received a snail mail letter highlighting ways to participate in our many virtual offerings (reminders at the bottom of this message).

Here are some highlights for the week:

- Worship, devotionals, music, and other programs are happening regularly on Facebook Live, while meetings and classes continue on Zoom (videoconference platform). Know that you are able to view our Facebook Live posts even without a Facebook account. We have volunteers standing by to help you get connected if you're having trouble.
  - We have created additional offerings for folks to see one another and engage in conversation and/or devotion over Zoom. Contact Rob or Bethany for the connection information.
  - The next such offering is with **Bethany, Thursday at 7:00 p.m.** Together the group will engage in a spiritual practice of reflection called *The Examen*.
- Additional Zoom opportunities are:
  - **Tuesday, March 31, 7:00 p.m.** Tired of talking about the virus? Join friends to share stories about favorite adventures you've experienced or just jump on and listen! Facilitated by Rob.
  - **Thursday, April 2, 9:30 a.m.** Can you remember a time of national/global crisis you experienced when you were younger? What was it like? What carried you through? Facilitated by Bethany.
- We have been moved by numerous offers to volunteer with meals, food delivery etc., but as of yet we have not found such needs within the congregation. Deacons are calling members and friends, as are the pastors and staff. Each time we connect, we ask about unmet needs. Right now, more people seem to be anxious about how others are faring than they are in need themselves. Rest assured, we're doing what we can to check in on folks.
- Our administrative commission (small task force working on behalf of the Session) continues to meet weekly and communicate regularly. The group is being both responsive and proactive in addressing the needs of the church and community.
- Pastors and program staff can continue to be reached via email and phone. ***The fastest way to reach a pastor on the phone is to call: 415.900.4718.*** This line goes directly to pastor mobile phones.

It can feel helpless sitting at home. We all want to *do something*. If you want to help, try reaching out to others. Check in on them. Host virtual gatherings. Pray for one another and tell those for whom you have prayed.

God's Peace,  
Rob and Bethany