

Syllabus: 21-day Racial Equity Habit Building Challenge

Compiled by:

Employment Practice Group within Lieff Cabraser Heimann & Bernstein, LLP

Day	Author, Title, Publication, link
1	Nikole Hannah-Jones, <i>America Wasn't a Democracy, Until Black Americans Made It One</i> , The New York Times (Aug. 14, 2019), https://www.nytimes.com/interactive/2019/08/14/magazine/black-history-american-democracy.html
2	<i>How to Not (Accidentally) Raise a Racist</i> , Longest Shortest Time Podcast, https://longestshortesttime.com/episode-116-how-to-not-accidentally-raise-a-racist/
3	Ta-Nehisi Coates, <i>The Case for Reparations</i> , The Atlantic (May 21, 2014), https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/
4	James McWilliams, <i>Bryan Stevenson On What Well Meaning White People Need To Know About Race: An interview with Harvard University-trained public defense lawyer Bryan Stevenson on racial trauma, segregation, and listening to marginalized voices</i> , Pacific Standard (updated Feb 18, 2019), https://psmag.com/magazine/bryan-stevenson-ps-interview
5	Project Implicit, <i>Implicit Association Test (IAT)</i> , https://implicit.harvard.edu/implicit/takeatest.html
6	Casey Gerald, <i>There Will Be No Miracles Here</i> , Good Life Project Podcast, https://www.goodlifeproject.com/podcast/casey-gerald/
7	How to respond to microaggressions. https://www.cnn.com/2020/06/05/health/racial-microaggressions-examples-responses-wellness/index.html Heben Nigatu, <i>21 Racial Microaggressions You Hear On A Daily Basis: A photographer at Fordham asked her peers to write down the microaggressions they've encountered. Here is what they had to say</i> , BuzzFeed (Dec. 9, 2013), https://www.buzzfeed.com/hnigatu/racial-microaggressions-you-hear-on-a-daily-basis Essence Grant, <i>27 Workplace Microaggressions That'll Make You Ask "How'd They Even Get Hired?" In conclusion, adults can be wildly dumb</i> , BuzzFeed (Oct. 8, 2017), https://www.buzzfeed.com/essencegrant/workplace-microaggression-horror-stories Ali Vingiano, <i>63 Black Harvard Students Share Their Experiences In A Powerful Photo Project</i> , BuzzFeed (March 3, 2014), https://www.buzzfeednews.com/article/alisonvingiano/21-black-harvard-students-share-their-experiences-through-a

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8	<p><i>Media Portrayals and Black Male Outcomes</i>, The Opportunity Agenda, https://www.opportunityagenda.org/explore/resources-publications/media-representations-impact-black-men/media-portrayals</p>
9	<p>Your Black Colleagues May Look Like They Are Okay—Chances Are They Are Not Okay https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people?fbclid=IwAR36NpuvZYaL08MXUIJRRC6IxeBFO4Bbutzr04Osu06wjQigWMVY1wGxHwI</p> <p>Let's Get to the Root of Racial Injustice. https://youtu.be/-aCn72iXO9s</p>
10	<p>Jessica Moulite, <i>Exclusive: Rep. Ayanna Pressley Reveals Beautiful Bald Head and Discusses Alopecia for the First Time</i>, The Root (Jan. 16, 2020), https://theglowup.theroot.com/exclusive-rep-ayanna-pressley-reveals-beautiful-bald-1841039847</p> <p>Reggie Ugwu, <i>Lena Waithe's Art of Protest: The "Queen & Slim" writer on mixing art and politics, the key to collaboration and those infamous comments about Will Smith and Denzel Washington</i>, The New York Times (Dec. 2, 2019), https://www.nytimes.com/2019/12/02/movies/lena-waithe-queen-and-slim.html</p>
11	<p>"State of Emergency": <i>Special Report on California's Criminalization of Growing Homeless Encampments</i>, Democracy Now (Oct. 25, 2019), https://www.youtube.com/watch?v=c9MEEzMCmbk</p> <p>The East Oakland Collective: http://www.eastoaklandcollective.com/</p> <p>More than 50% of homeless families are black. https://abcnews.go.com/US/50-homeless-families-black-government-report-finds/story?id=</p> <p>The inheritance of black poverty. https://www.brookings.edu/research/the-inheritance-of-black-poverty-its-all-about-the-men/</p>
12	<p>WE.B. DUBOIS, <i>Socialism and the American Negro</i>, Speech before the audience in Great Hall, Madison Wisconsin Memorial Union, April 9, 1960.</p> <p>KQED Newsroom Segment: The Legacy of Prop. 187, YouTube (Oct 17, 2014) https://www.youtube.com/watch?v=MW-OJdhvdl</p> <p>NPR: A Tale of Deportation in the 1930s, YouTube (Apr 18, 2013), https://www.youtube.com/watch?v=74bbewMWikQ</p>

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13	<p>Rebecca Epstein, Jamilia J. Blake, and Thalia González, <i>Girlhood Interrupted: The Erasure of Black Girls' Childhood</i>, Georgetown Law Center on Poverty and Inequality, https://www.law.georgetown.edu/poverty-inequality-center/wp-content/uploads/sites/14/2017/08/girlhood-interrupted.pdf</p> <p>Girlhood Interrupted: The Erasure of Black Girls Childhood, YouTube (Jun 27, 2017), https://www.youtube.com/watch?v=OKzEF22fK24</p> <p>Adrienne Green, <i>How Black Girls Aren't Presumed to Be Innocent: A new study finds that adults view them as less child-like and less in need of protection than their white peers</i>, The Atlantic (June 29, 2017) https://www.theatlantic.com/politics/archive/2017/06/black-girls-innocence-georgetown/532050/</p> <p>Article and clippings on Ben "Sunshine" Owens. https://www.crmvet.org/images/imgscope.htm</p>
14	<p>Perspectives in Poetry:</p> <p>Martín Espada – Who Burns for the Perfection of Paper - https://ca.pbslearningmedia.org/resource/pe11.rla.genre.poetry.espadpaper/who-burns-for-the-perfection-of-paper-by-martin-espada/ (author bio: https://www.poetryfoundation.org/poets/martin-espada)</p> <p>June Jordan – Poem About Police Violence - https://www.lambdaliterary.org/wp-content/uploads/2016/08/7.-June-Jordan.pdf (author bio: https://www.poetryfoundation.org/poets/june-jordan)</p> <p>Claudia Rankine – “You are in the dark, in the car . . .” - https://www.poetryfoundation.org/poetrymagazine/poems/56848/citizen-you-are-in-the-dark-in-the-car (author bio: https://www.poetryfoundation.org/poets/claudia-rankine)</p> <p>Joy Harjo – Conflict Resolution for Holy Beings - https://www.poetryfoundation.org/poems/141847/conflict-resolution-for-holy-beings (author bio: https://www.poetryfoundation.org/poets/joy-harjo)</p> <p>Chrystos – Into the Racism Workshop - https://www.poetryfoundation.org/poems/146923/into-the-racism-workshop (author bio: https://www.poetryfoundation.org/poets/chrystos)</p>

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	<p>Perspectives on Change:</p> <p>The Beatles – Revolution #1 (https://www.youtube.com/watch?v=BGLGzRXY5Bw) v. Nina Simone – Revolutions 1 and 2 (https://www.youtube.com/watch?v=C2_NVX-T8iM) & Mississippi Goddam (https://www.youtube.com/watch?v=ghhaREDM3X8)</p>
15	<p>Peggy McIntosh's White Privilege Papers, https://nationalseedproject.org/Key-SEED-Texts/peggy-mcintosh-s-white-privilege-papers</p>
16	<p>N. K. Jemisin, <i>How Long 'Til Black Future Month? The Toxins of Speculative Fiction, and the Antidote that is Janelle Monae</i>, Blog (Sept. 30, 2013) http://nkjemisin.com/2013/09/how-long-til-black-future-month/ (Highly recommend watching the embedded music videos, if you have time.)</p>
17	<p>Cheryl I. Harris, <i>Whiteness As Property</i>, Harvard Law Review, Vol. 106 No. 8 (June 1993), https://sph.umd.edu/sites/default/files/files/Harris_Whiteness%20as%20Property_106HarvLRev-1.pdf</p>
18	<p>Bryan Stevenson '85, <i>"We can't recover from this history until we deal with it." legacy of slavery and the vision for creating the National Memorial for Peace and Justice and The Legacy Museum</i>, Harvard Law School YouTube (Jan 30, 2019), https://www.youtube.com/watch?v=YRJX5jvORzQ</p> <p>Sam Dylan Finch, <i>9 Phrases Allies Can Say When Called Out Instead of Getting Defensive</i>, Everyday Feminism (May 29, 2017), https://everydayfeminism.com/2017/05/allies-say-this-instead-defensive/</p>
19	<p>Hair Love, Oscar®-Winning Short Film (Full), Sony Pictures Animation, YouTube (Dec. 5, 2019), https://www.youtube.com/watch?v=kNw8V_Fkw28&feature=youtu.be</p>
20	<p>Natasha S. Alford, <i>Why Some Black Puerto Ricans Choose 'White' on the Census: The island has a long history of encouraging residents to identify as white, but there are growing efforts to raise awareness about racism</i>, The New York Times (Feb. 9, 2020), https://www.nytimes.com/2020/02/09/us/puerto-rico-census-black-race.html</p>
21	<p>Karyn Lacy, <i>How to Convince a White Realtor You're Middle Class</i>, The New York Times (Jan 21, 2020), https://www.nytimes.com/2020/01/21/opinion/black-discrimination-study.html</p>

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Extra Readings	<p><i>The Constitution in a Time of War: The Trial of Minoru Yasui</i>, Script https://reenactments.aabany.org/the-constitution-in-a-time-of-war-the-trial-of-minoru-yasui/</p> <p>“The Smithsonian’s National Museum of African American History and Culture today launched Talking About Race, a new online portal designed to help individuals, families, and communities talk about racism, racial identity and the way these forces shape every aspect of society, from the economy and politics to the broader American culture.” https://nmaahc.si.edu/learn/talking-about-race</p>
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